

### **5 Service Goals**

- Goal #1: Facilitate early literacy and cultivate young readers
- Goal #2: Engage and support teens and children
- Goal #3: Encourage lifelong learning (geared towards adults)
- Goal #4: Provide personalized information access and assistance
- Goal #5: Reach and engage the county's culturally diverse populations

### **Key Areas of Focus**

- Reach people who have never been to a library before; who don't have any currency in what a library is or does.
- Engage with communities that are disadvantaged/low-income and that remain unseen in library service.



# Core Beliefs – Practices for Providing Meals & Service

No questions asked

No photos; it's not a 'program'

Help without overwhelming



### Research: The Link Tie Between Nutrition and Learning

## **Childhood Hunger in America**

1 in 5 children live in households without consistent assess to adequate food = 16 million children

They are more likely to experience headaches, stomachaches, colds, ear infections and fatigue.

Lack of enough nutritious food impairs a child's ability to concentrate and perform well in school.

Children who regularly do not get enough nutritious food to eat have significantly higher levels of behavioral, emotional and academic problems and be more aggressive and anxious.



## What's the Nitty Gritty?

Training Sponsor + Site or Just Site?

Partnership Agreements Insurance

Refrigeration Serving the meals

Collecting Stats Monitoring Meals

Advertising Added value programs



#### **Research - Resources**

No Kid Hungry

Healthy Summers for Kids

Summertime and Weight Gain

<u>Summer Can Set Kids on the Right – or Wrong – Course</u>

More Than a Hunch: Kids Lose Learning Skills Over the Summer Months

Income Affects How Kids Use Technology and Access Knowledge



Federal Way 4 days a week; 24 days of meal service

370 meals served: average of 15 meals a day

Skyway 3 days a week; 15 days of meal service

340 meals served: average of 23 meals a day

2014 710 children and teens served



Boulevard Park 3 days a week: 30 days of meal service

340 lunches served: average of 11 meals a day

291 snacks served: average of 10 snacks a day

Federal Way 5 days a week: 44 days of meal service

594 lunches served: average of 14 meals a day

Kent 3 days a week: 30 days of meal service

1,225 lunches served: average of 41 meals a day

Skyway 3 days a week: 24 days of meal service

244 lunches served: average of 10 meals a day

2015: 2,403 lunches, 291 snacks = 2,694 children and teens served



### **Partners**

Some partners are easier to work with than others

Des Moines Food Bank

Food Lifeline

Federal Way MultiService Center

United Way of King County



### **State Resources**

**OSPI** <u>Training</u>

OSPI <u>State Report Card</u> – use the pulldown to select your school district, then individual school; Free & Reduced-Price Meals

<u>Summer Food Programs</u>

Fresh Fruit and Vegetable Program

<u>Within Reach</u> – access to food sites, health services, child development resources



#### Contacts

Cecilia McGowan
Coordinator of Children's Services
King County Library System
cmcgowan@kcls.org
425.369.3320

Jennifer Mitchell Summer Food and Special Projects Supervisor OSPI, Child Nutrition Services Jennifer.Mitchell@k12.wa.us 360.725.605





